

VITALS

OVERVIEW VIDEO

What is Vitals?

Eran Holt & Jordan Kolarik

Summary

This video discusses Vitals for Youth Ministry, a framework created by Lead the Generation to help youth leaders build robust discipleship programs. Eran and Jordan explain that Vitals provides a biblical lens and focus for youth ministry, moving from an attractional model to a missional model centered on making disciples. The framework consists of five vital areas: Biblical Truth, Spiritual Transformation, Healthy Community, Missional Living, and Leadership Development. Each Vital is supported by a library of resources, including videos and training materials, to equip youth leaders to develop a discipleship-focused youth ministry. The resources are available for free thanks to the support of churches and donors.

Main Points

The Need for Vitals

There is an increasing trend of youth leaders entering ministry without formal theological or youth ministry training. Vitals aims to provide a solid foundation and framework for understanding biblical discipleship, regardless of the leader's background.

Vitals as a Lens and Focus

Vitals serve as a lens through which youth leaders can view and assess their ministry, ensuring alignment with biblical principles and the goal of discipleship. It also provides a focus, helping leaders stay on track and avoid distractions or comparisons with other ministries.

The Shift from Attractional to Missional

We acknowledge the benefits of the attractional ministry model but note that it has not effectively produced disciples, particularly among Gen Z. Vitals for Youth Ministry represents a shift toward a more missional approach centered on intentional discipleship rather than merely attracting people to church.

The Five Vitals

The video provides an overview of the five vital areas: Biblical Truth, Spiritual Transformation, Healthy Community, Missional Living, and Leadership Development. Each Vital is supported by a library of resources covering various topics and practical applications.

Accessing the Vitals Resources

Lead the Generation encourages lead pastors, youth pastors, and ministry leaders to explore the Vitals resources, which are available for free on the Lead the Generation website. The resources include overview videos, a biblical framework, and practical guidance for implementing Vitals in youth ministry.

Action Items

- Watch the overview videos for Vitals for Youth Ministry to gain a solid understanding of the framework and its workings.
- Explore the Vitals Resource Library on the Lead the Generation website, which includes videos and training materials for each of the five vital areas.
- Assess your current youth ministry through Vitals's lens to identify areas of alignment and opportunities for growth in producing robust disciples.
- Consider implementing the Vitals framework in your youth ministry to provide a biblical focus and missional approach to discipleship.