

**INTRO //** We are in the Book of John. 1 of the 4 gospels. John was one of Jesus' disciples but also one of his closest friends. John wrote this book to help us understand 1 main point... JESUS IS GOD. Not a good teacher. Not 1 of many gods. JESUS IS GOD. So let's continue on this journey through John. Turn to John chapter 4 on page.\_\_\_\_ in your Streetlights bible.

**ILLUSTRATION // Story about a time you were filled with the wrong things...**

***Example: Story of my first car breaking down...***

When I was 18 I saved up all my \$ for the car of my dreams... a 2003 Red Chevy Blazer! I don't have great dreams lol. I loved that car and I drove it everywhere! I always was the one to volunteers to drive the friend group around. I was so proud of that car! But one day my car started making a weird noise. For a day I tried to ignore it but it got worse and worse. I didn't want to admit something was wrong with it. Eventually it started sounding like somebody was drumming on my engine so I took it in to a mechanic. The mechanic asked me a question I will never forget... "Have you ever put oil in this thing?!" My answer, "I thought you only need to put gas in it." Long story short my engine died and I had to sell my brand new car to the junk yard...

**TRANSITION STATEMENT: That day I learned that if I am not filled with the right stuff I will eventually break down!**

**TENSION //**

Have you ever found yourself feeling weak, run down, on the verge of giving up? Do you find yourself trying to figure out how to fill the empty spaces of your life and just being let down time after time after time?

In tonight's message we are going to look at how Jesus meets somebody just like us... somebody who has been filling their life with things in order to feel happy, valuable, safe, loved, etc. And he gives her something that she's never had before, and it changes everything!

**SCRIPTURE // John 4:3-14 NLT**

**3** So he left Judea and returned to Galilee.**4** He had to go through Samaria on the way.  
**5** Eventually he came to the Samaritan village of Sychar, near the field that Jacob gave to his son Joseph. **6** Jacob's well was there; and Jesus, tired from the long walk, sat wearily beside the well about noontime. **7** Soon a Samaritan woman came to draw water, and Jesus said to her, "Please give me a drink." **8** He was alone at the time because his disciples had gone into the village to buy some food.**9** *The woman was surprised, for Jews refuse to have anything to do with Samaritans...* **EMPHASIZE THIS...** **"JESUS IS A GOD THAT IS FOR EVERYONE! IT DOES NOT MATTER WHAT RACE, GENDER, AGE, GRADE, FAMILY OR BACKGROUND YOU COME FROM! HE IS FOR YOU! AND WANTS TO MEET WITH YOU! SOME 'CHRISTIANS' MAY ACT LIKE YOUR TOO MESSED UP TOO DIRTY, TOO DIFFERENT. BUT THAT IS NOT HOW JESUS SEES YOU!"**

She said to Jesus, "You are a Jew, and I am a Samaritan woman. Why are you asking me for a drink?"**10** Jesus replied, "If you only knew the gift God has for you and who you are speaking to, you would ask me, and I would give you living water."**11** "But sir, you don't have a rope or a bucket," she said, "and this well is very deep. Where would you get this

living water? **12** And besides, do you think you're greater than our ancestor Jacob, who gave us this well? How can you offer better water than he and his sons and his animals enjoyed?" **13** Jesus replied, "Anyone who drinks this water will soon become thirsty again. **14** But those who drink the water I give will never be thirsty again. It becomes a fresh, bubbling spring within them, giving them eternal life."

// Pray for the message //

## POINT 1 // WHAT IS IN YOUR CUP?

**STORY OF TIME YOU DRANK SOMETHING THAT MADE YOU SICK OR WAS NOT WHAT YOU THOUGHT IT WAS... KEEP IT RATED PG**

*Example: Story of when I drank laundry detergent on accident...*

**WE ALL THIRST FOR SOMETHING! AND BECAUSE WE THIRST, WE FILL OURSELVES WITH WHAT WE THINK WILL SATISFY THAT THIRST.**

- We look to **relationships** to satisfy our thirst for **love**.
- We look to **social media** to satisfy our thirst for **influence**.
- We look to **friendships & followers** to satisfy our thirst for **acceptance**.
- We look to **pornography** to satisfy our thirst for **self indulgence**.
- We look to our **talents & achievements** to satisfy our thirst for **value**.
- We look to the **compliments** of others to satisfy our thirst for **affirmation**.

**WHAT THE WOMAN HAD BEEN FILLING HER CUP WITH...**

**15** "Please, sir," the woman said, "give me this water! Then I'll never be thirsty again, and I won't have to come here to get water." **16** "Go and get your husband," Jesus told her.

**17** "I don't have a husband," the woman replied. Jesus said, "You're right! You don't have a husband— **18** for you have had five husbands, and you aren't even married to the man you're living with now. You certainly spoke the truth!"

### A. FILLING HER CUP WITH BAD THINGS LEFT HER EMPTY

- She had married and divorced 5 men. She was currently living and sleeping with a man that was not her husband. Because of these things she had done and the bad things done to her, society treated her as unlovable, untouchable and unvaluable. The men in her life, the relationships she was in could never give her what she was really looking for. LOVE. ACCEPTANCE. WORTH. VALUE. PROTECTION. IDENTITY. BELONGING. AFFIRMATION. PROVISION. Every relationship she moved to just used her up, spit her out, and did damage.

### B. FILLING HER CUP WITH GOOD THINGS ONLY RELIEVED HER THIRST TEMPORARILY

- She needed water to survive. Water is obviously a good thing! Water is refreshing. Water is healthy. Water is strengthening. Water is healing. But what a drink of water does for you is temporary. And it takes work to get that water on a daily basis.

**13** Jesus replied, "Anyone who drinks this water will soon become thirsty again."

- But because of her reputation she had to avoid all the other women of the town. So she would have to go to the well by herself to get water at the hottest part of the day, draw the water out of the well by herself, and carry that heavy jar of water all the way back home by herself. The worst part of her day was when she had to go get water. That's why she said "Please, sir," the woman said, "give me this water! Then I'll never be thirsty again, and I won't have to come here to get water." She would have to do this day after day after day!
- This woman was exhausted mentally, emotionally and physically from living a life of being in constant search of something to quench her thirst.

## CHALLENGE // WHAT IS IN YOUR CUP?

- What bad things have you been filling your cup with that need to be eliminated?
- What good things have you been filling your cup with that are not giving you all you need?

## POINT 2 // WHAT IS IN HIS CUP?

**10** Jesus replied, "If you only knew the gift God has for you and who you are speaking to, you would ask me, and I would give you living water."

**13** Jesus replied, "Anyone who drinks this water will soon become thirsty again. **14** But those who drink the water I give will never be thirsty again. It becomes a fresh, bubbling spring within them, giving them eternal life."

### A. Jesus's water did not require cost or effort.

- Every time this woman went to get water from the well it was a painful and exhausting experience. Emotionally and physically.
- When we drink from Jesus' cup it is a free gift from God that we cannot work for.

### Ephesians 2:8-9

**8** God saved you by his **grace** when you believed. And **you can't take credit for this**; it is a **gift** from God. **9 Salvation is not a reward for the good things** we have done, so none of us can boast about it.

### B. Jesus's water never runs dry.

- The physical water she was after was good, but that well could dry up one day.
- The relationships she was running to were temporary
- Men had proven that they couldn't be relied on.

## // SUPER COOL DETAIL ABOUT JESUS //

The woman had 5 husbands and 1 BF she was living with.

**5+1= 6**

The number 6 represents **incompletion** in the Bible.

So often times the things we chase after the most. The things we strive for. The things we compromise for. All in order to find that thing/someone who will complete us... just leave us like this woman... **INCOMPLETE.**

But JESUS... goes out of His way to Samaria... at the hottest part of the day... and waits at a well... to meet a woman... a woman of the 'wrong race'... a woman who was 'unlovable'... a woman who is worn out and broken inside... and tell her the greatest news of all time.

**6+1=7**

In the Bible, 7 represents **COMPLETION**

JESUS IS THE 7th man!

JESUS brings **COMPLETION, FULFILLMENT** to a woman who has been starving to death for years.

**CLOSE // Final question of the night...**

**POINT 3 // WHO IS FILLING YOUR CUP?**

**ALTARS WITH ACTION // Create a space for students to identify the sources they are going to in order to have their cups filled.**

**SALVATION OPPORTUNITY // Before we dismiss we always want to give students the opportunity to receive Jesus.**