

Gospel-Centered Discipleship

Eran Holt & Jared Berry

Summary

This video discusses the importance of gospel-centered discipleship in youth ministry. The speakers, Eran Holt and Jared Berry emphasize the need to understand the root issues or 'heart idols' that drive sinful behaviors rather than merely addressing them. They outline four common heart idols: power, approval, control, and comfort. The gospel is presented as the solution to these idols, addressing the deeper spiritual needs that lead to sin. A practical three-step process is shared to help students 'look in' to identify their heart idols, 'look up' to preach the gospel to themselves, and 'look out' to make things right with others. The conversation highlights equipping students to apply the gospel to their lives and relationships.

Main Points

The Problem: Heart Idols

Jared explains that sinful behaviors often stem from deeper 'heart idols' or sources of worship other than God. He outlines four common heart idols: power, approval, control, and comfort. These idols become the root causes of sin when they become ultimate sources of identity and satisfaction.

The Solution: The Gospel

The gospel is presented as the solution to these heart idols. Jared explains how the gospel addresses each idol, providing true power, approval, control, and comfort in Christ. The key is helping students preach the gospel to themselves when faced with temptation.

A Practical Process for Gospel-Centered Discipleship

Jared shares a three-step process for gospel-centered discipleship: 1) 'Look in' to identify the heart idol driving the sinful behavior, 2) 'Look up' to preach the gospel truth to oneself, and 3) 'Look out' to make things right with others affected by the sin.

Conclusion and Application

Eran and Jared emphasize the importance of equipping students and leaders with this gospel-centered approach to discipleship. They encourage youth leaders to teach and model this process for their students and teams.

Action Items

- Teach students to identify the 'heart idols' or root issues driving their sinful behaviors rather than merely addressing the behaviors themselves.
- Equip students to preach the gospel to themselves when faced with temptation, reminding themselves of the true power, approval, control, and comfort found in Christ.
- Guide students through the three-step process of 'look in' (identify the heart idol), 'look up' (preach the gospel truth), and 'look out' (make things right with others).
- Train youth leaders and small group leaders in this gospel-centered approach to discipleship so they can effectively model and teach it to students.