

Gospel Centered Discipleship

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Summary

The video discusses the importance of gospel-centered discipleship, which focuses on addressing the root idols or desires of the heart that lead to sinful behaviors, rather than just modifying outward behaviors. It emphasizes understanding the problem as misplaced worship of idols like approval, power, comfort, or control instead of finding identity in Christ. The solution is to point people's hearts back to the gospel and who they are in Christ. A process of 'Look In' (identify the heart idol), 'Look Up' (apply the gospel truth), and 'Look Out' (make things right with others) is suggested for discipling students through their struggles. The goal is for students to find their ultimate satisfaction and rest in Jesus rather than in idols.

Main Points

#1 - Defining Gospel-Centered Discipleship

The video begins by defining discipleship as a clear pathway of moving students from unbelief to belief in the gospel in every area of their life, changing what they love and how they live. It emphasizes the importance of the gospel, which is the good news of what Jesus has done for us, in the discipleship process.

#2 - Understanding the Problem: Heart Idols

The fundamental problem is not just sin or outward behaviors, but the heart idols or things that people love and trust more than Jesus. It identifies four primary heart idols: approval (finding identity in others' approval), power (desiring authority over others), comfort (avoiding pain or discomfort), and security (needing control). These idols lead to sinful behaviors as people try to satisfy their desires apart from Christ.

#3 - The Solution: The Gospel

The solution to the problem of heart idols is the gospel – the message and hope found in Jesus. When people realize their identity is in Christ and not in idols, their hearts can stop looking for satisfaction in other things and find rest in Him. The videos encourages disciplers to help students see their idols and point them back to the truth of the gospel.

The video suggests a process for discipling students through their struggles:

- 1) 'Look In' – help them identify the heart idol they are trusting in instead of Christ,
- 2) 'Look Up' – point their hearts to the gospel truth about their identity in Christ, and
- 3) 'Look Out' – encourage them to make things right with others they have wronged due to their misplaced worship.

Next Steps

- Help students identify the heart idols (approval, power, comfort, security) they are trusting in more than Jesus.
- Point students to the gospel truth about their identity and worth being found in Christ, not in idols.
- Encourage students to make amends with others they have wronged due to their misplaced worship of idols.
- Use the 'Look In, Look Up, Look Out' process when discipling students through their struggles.