

UPSIDE DOWN KINGDOM - WEEK 4-

MIDDLE SCHOOL GUIDE-

LEADER'S NOTES:

Hey leaders! Remember, you are the GUIDE for conversation, not the teacher. It's tempting to want to do all the 'talking' in the groups, but life groups are designed for students to INTERACT with each other as well as self discover the truth that we find in the Bible!

CORE QUESTION:

- What do I do with my worry?

CORE THOUGHT:

- God cares about me and my worries
- Put God first and He will take care of the rest

KEY SCRIPTURES:

- MATTHEW 6:25-30

"Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? 26 Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? 27

Can any one of you by worrying add a single hour to your life[a]? 28 "And why do you worry about clothes? See how the flowers of the field grow. They do not labor or spin. 29 Yet I tell you that not even Solomon in all his splendor was dressed like one of these. 30 If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you—you of little faith?

DISCUSSION QUESTIONS:

ICEBREAKER:

- What was the best thing that happened this week?

HAVE A STUDENT READ MATTHEW 6:25-30

QUESTION 1:

- What stood out to you from Ange's message?

QUESTION 2:

- In verse 27, Jesus asks if worrying can add a single hour to our lives. What does this teach us about the pointlessness of worry?

QUESTION 3:

- What does it mean to "seek first His kingdom and His righteousness" (Matthew 6:33), and how can you practically do this in your daily life?

QUESTION 4:

- In what ways might the tendency to compare ourselves to others contribute to our worries, based on this passage?

QUESTION 5:

- What are some practical steps you can take to remind yourself of God's care when worries arise?

END IN PRAYER REQUESTS

UPSIDE DOWN KINGDOM - WEEK 4-

HIGH SCHOOL GUIDE-

LEADER'S NOTES:

Hey leaders! Remember, you are the GUIDE for conversation, not the teacher. It's tempting to want to do all the 'talking' in the groups, but life groups are designed for students to INTERACT with each other as well as self discover the truth that we find in the Bible!

CORE QUESTION:

- (What question do you hope to answer through groups?)

CORE THOUGHT:

- God cares about me and my worries
- Put God first and He will take care of the rest

KEY SCRIPTURES:

- MATTHEW 6:25-30

"Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? 26 Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they?
27

Can any one of you by worrying add a single hour to your life[a]? 28 "And why do you

worry about clothes? See how the flowers of the field grow. They do not labor or spin.

29 Yet I tell you that not even Solomon in all his splendor was dressed like one of these.

30 If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you—you of little faith?

DISCUSSION QUESTIONS:

ICEBREAKER:

- What was the best thing that happened this week?

HAVE A STUDENT READ MATTHEW 6:25-30

QUESTION 1:

- What stood out to you from Ange's message?

QUESTION 2:

- In Matthew 6:27, Jesus asks if worrying can actually change anything. What do you think He's trying to teach us about the impact of worry?

QUESTION 3:

- How do the examples of birds and flowers inform your understanding of God's provision? In what ways have you experienced God's provision in your own life?

QUESTION 4:

What does it mean to "seek first His kingdom" (Matthew 6:33), and how can you incorporate that into your daily life?

QUESTION 5:

UPSIDE DOWN KINGDOM - WEEK 4-

HIGH SCHOOL GUIDE-

- How can comparing ourselves to others increase our worries, and what does this passage suggest we do instead?

QUESTION 6:

- What are some practical ways you can remind yourself of God's care when you're feeling anxious?

END IN PRAYER REQUESTS